

# MASSKRUGSTEMMEN - STEIN HOLDING COMPETITION

**FREE ENTRY:** Limited to the first 18 men and 18 women at each competition.

Return completed Entry Form to:

Norfolk Oktoberfest - 609 W. Norfolk Ave., Norfolk NE 68701

Questions - [events@norfolkareachamber.com](mailto:events@norfolkareachamber.com) or visit our website

at: [www.norfolkoktoberfest.com](http://www.norfolkoktoberfest.com)

Entry includes: A "Musskrug" quantity of beer and one drink ticket for the beverage of your choice. Winner of the final competition receives \$50 in beer tickets and an official Stein.

## RULES AND REGULATIONS:

- A 1 liter glass stein with handle must be used.
- Stein must be filled to the 1 liter lip.
- Stein must be gripped by the handle.
- Thumb may not go on top of the stein handle. It must rest on the other fingers.
- Pinky finger may be held outside of the handle.
- Arching of the back is allowable, however excessive leaning is unacceptable.
- The stein must be gripped such that the front of the stein faces away from the competitor. (the stein can't be gripped sideways)
- Stein must be held in front of the competitor, not out to the side.
- The arm holding the stein must remain close to parallel with the floor and should be extended straight with very little bending at the elbow.
- The off-hand should remain at the competitor's side and should not be used to support the body.
- An infraction of any rule will result in a strike. Three strikes leads to elimination of the competitor.
- If any amount of beer spills or drips off of the stein, the competitor is eliminated, regardless of the number of previously assigned strikes.
- Competitors should not contact any structures, objects, or people during the competition.
- Competitors must stand within their personal area and should not move more than is necessary to make adjustments ensuring proper form during the competition.



PRESENTED BY:



**Please review the legal disclaimer below before participating in the stein-holding contest. Management reserves all rights. The decision of the judges is final.**

## STEIN-HOLDING CONTEST LEGAL DISCLAIMER

- Masskrugstemmen is NOT a drinking game. The competition is about holding a filled, 1 liter stein(s) with an outstretched arm(s) in compliance with the rules set by the organizers.
- I am aware of the risks involved in Masskrugstemmen (e.g., cramps, muscle tension, or other injuries) that might occur.
- Neither the Norfolk Oktoberfest or the City of Norfolk, nor any sponsor can be held responsible for the injuries that occur in connection with the competition.
- Neither The Norfolk Oktoberfest, the City of Norfolk, nor any sponsor encourages drinking. Even though Musskrugstemmen involves a filled, 1 liter stein(s), we strongly encourage all contestants and those in attendance to drink safely, responsibly and not to drive or operate machinery while under the influence of alcohol.

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

**AS A CONTESTANT, I HEREBY AGREE THAT I AM PARTICIPATING IN THE ACTIVITY WITH THE KNOWLEDGE THAT IT COULD RESULT IN INJURY AND I SPECIFICALLY ABSOLVE THE NORFOLK OKTOBERFEST, THE CITY OF NORFOLK AND ANY SPONSOR FROM ANY LIABILITY RESULTING FROM PARTICIPATION IN THIS ACTIVITY.**

**I HEREBY ACKNOWLEDGE THAT I HAVE READ THE RULES AND REGULATIONS AND THE STEIN-HOLDING CONTEST LEGAL DISCLAIMER**

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_