MASSKRUGSTEMMEN -- STEIN HOLDING COMPETITION

FREE ENTRY: limited to the first 18 women each competition and the first 18 men each competition.

Return Completed Entry Form To:
Norfolk Oktoberfest, 609 W. Norfolk Ave., Norfolk, NE 68701
Questions? - ktichota@norfolkareachamber.com
or visit our website at: www.norfolkoktoberfest.com

Entry includes: A 'Musskrug' quantity of beer and one drink ticket for the beverage of your choice. Winner of the final competition receives a \$25 in beer tickets and an official Oktoberfest stein.

RULES AND REGULATIONS:

- 1. A 1L glass stein with handle must be used. Men will hold 2 Steins. Women will hold 1 Stein
- 2.Stein must be filled to 1L lip.
- 3. Stein must be gripped by the handle.
- 4. Thumb may not go on top of the stein handle, it must rest on the other fingers.
- 5. Pinkie finger may be held outside of the handle.
- 6. Arching of the back is allowable, however excessive leaning is unacceptable.
- 7. The stein must be gripped such that the front of the stein faces away from the competitor (the stein can't be gripped sideways)
- 8. Stein must be held out in front of the competitor, not out to the side.
- 9. The arm holding the stein must remain close to parallel with the floor and should be extended straight with very little bending at the elbow.
- 10. The off-hand should remain at the competitor's side and should not be used to support the body.
- 11. An infraction of any rule will result in a strike. After two strikes, the third infraction leads to elimination of the competitor.
- 12. If any amount of beer spills or drips off of the stein, the competitor is eliminated, regardless of the number of previously assigned strikes.
- 13. Competitors should not contact any structures, objects or people during the competition.
- 14. Competitors must stand within their personal area and should not move more than is necessary to make adjustments ensuring proper form during the competition.

Please review the legal disclaimer below before participating in any stein-holding contest. Management reserves all rights. The decision of the judges is final.

STEIN-HOLDING CONTEST LEGAL DISCLAIMER:

- Masskrugstemmen is NOT a drinking game. The competition is about holding a filled, 1-liter stein(s) with an outstretched arm(s) in compliance with the rules set by the organizers.
- I am aware of the risks involved in Masskrugstemmen (e.g., cramps, muscle tension, or other injuries) that might occur.
- Neither The Norfolk Oktoberfest, The District Table & Tap, Mel's Package and Lounge, The O Lounge, 5th Street
 Tavern, Divots Brewery, the City of Norfolk, nor any Sponsor can be held responsible for any injuries that occur in
 connection with the competition.
- Neither The Norfolk Oktoberfest, the City of Norfolk, nor any Sponsor encourage drinking. Even though Masskrugstemmen involves a filled, 1-liter stein(s), we strongly encourage all contestants and those in attendance to drink safely and responsibly and not to drive or operate machinery while under the influence of alcohol.

Name	Home Phone		Cell	
Address	City	State	Zip	
AS A CONTESTANT, I HEREBY AGRE	E THAT I AM PARTICIPATING IN THIS A	CTIVITY WITH THE	KNOWLEDGE THAT	IT COULD
RESULT IN INJURY AND I SPECIFICA	ALLY ABSOLVE THE NORFOLK OKTOBE	RFEST, THE CITY (OF NORFOLK AND A	NY SPON
SOR FROM ANY LIABILITY RESULTIN	NG FROM PARTICIPATION IN THIS ACTI	IVITY.	_	•

I HEREBY ACKNOWLEDGE THAT I HAVE READ THE RULES AND REGULATIONS AND THE STEIN-HOLDING CONTEST LEGAL DISCLAIMER.

Signature _____ Date ______

