

MASSKRUGSTEMMEN - STEIN HOLDING COMPETITION

FREE ENTRY: Limited to the first 18 men and 18 women at each competition.

Return completed Entry Form to:

Norfolk Oktoberfest - 609 W. Norfolk Ave., Norfolk NE 68701

Questions - ktichota@norfolkareachamber.com or visit our website at: www.norfolkoktoberfest.com

Entry includes: A "Musskrug" quantity of beer and one drink ticket for the beverage of your choice.

The Winner of the *final round* of competition receives \$25 in beverage tickets and an official Oktoberfest Stein.



RULES AND REGULATIONS:

- A 1 liter glass stein with handle must be used.
- Stein must be filled to the 1 liter lip.
- Stein must be gripped by the handle.
- Thumb may not go on top of the stein handle. It must rest on the other fingers.
- Pinky finger may be held outside of the handle.
- Arching of the back is allowable, however excessive leaning is unacceptable.
- The stein must be gripped such that the front of the stein faces away from the competitor. (the stein can't be gripped sideways)
- Steins must be held in front of the competitor, not out to the side.
- The arm holding the stein must remain close to parallel with the floor and should be extended straight with very little bending at the elbow.
- The off-hand should remain at the competitor's side and should not be used to support the body.
- An infraction of any rule will result in a strike. Three strikes leads to elimination of the competitor.
- If any amount of beer spills or drips off of the stein, the competitor is eliminated, regardless of the number of previously assigned strikes.
- Competitors should not contact any structures, objects, or people during the competition.
- Competitors must stand within their personal area and should not move more than is necessary to make adjustments ensuring proper form during the competition.

Please review the legal disclaimer below before participating in the stein-holding contest. Management reserves all rights. The decision of the judges is final.

STEIN-HOLDING CONTEST LEGAL DISCLAIMER

- Masskrugstemmen is NOT a drinking game. The competition is about holding filled, 1 liter steins with an outstretched arm. One stein for women/2 steins for men - in compliance with the rules set by the organizers.
- I am aware of the risks involved in Masskrugstemmen (e.g., cramps, muscle tension, or other injuries) that might occur.
- Neither the Norfolk Oktoberfest or the City of Norfolk, nor any sponsor can be held responsible for the injuries that occur in connection with the competition.
- Neither The Norfolk Oktoberfest, the City of Norfolk, nor any sponsor encourages drinking. Even though Musskrugstemmen involves a filled, 1 liter stein(s), we strongly encourage all contestants and those in attendance to drink safely, responsibly and not to drive or operate machinery while under the influence of alcohol.

NAME: _____ PHONE: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

AS A CONTESTANT, I HEREBY AGREE THAT I AM PARTICIPATING IN THE ACTIVITY WITH THE KNOWLEDGE THAT IT COULD RESULT IN INJURY AND I SPECIFICALLY ABSOLVE THE NORFOLK OKTOBERFEST, THE CITY OF NORFOLK AND ANY SPONSOR FROM ANY LIABILITY RESULTING FROM PARTICIPATION IN THIS ACTIVITY.

I HEREBY ACKNOWLEDGE THAT I HAVE READ THE RULES AND REGULATIONS AND THE STEIN-HOLDING CONTEST LEGAL DISCLAIMER

SIGNATURE: _____ DATE: _____